

Session 1 – The Confirmation Journey

Outline

Large Group

1. Opening Prayer – Renewal of Baptismal Promises
2. Ice Breaker
3. Assess Knowledge
4. What are the Sacraments of Initiation?
 - a. Baptism
 - b. Confirmation
 - c. Eucharist
5. Define Confirmation (any answer acceptable)
6. Confirmation is a Journey – Road Trip
 - a. What do you pack for vacation?
 - b. What do you need to take with you?
 - c. What do you do when you get there?
 - d. What do you do when you return?
7. Tie answers to a Faith Journey
 - a. Clothes = Faith
 - b. Food = Eucharist
 - c. Map = Scriptures and the Holy Spirit
 - d. Pit Stops to throw out the trash = Reconciliation
 - e. Guides along the way – Parents, Mentors, entire church community

Small Group

1. Confirmation Journey
 - a. What does the Confirmation journey mean for you?
 - b. What excites you about the journey?
 - c. What frightens you about the journey?
2. Names
 - a. What do you know about your name?
 - b. Why did your parents give you your name?
 - c. What's the "dictionary definition" of your name?
 - d. Name your group – Think of a name for your group

Large Group

1. Closing Prayer

For the Trip Home

Suggested questions to prompt discussion about the session

- Tell your child why you chose his/her name.
- What does the Confirmation journey mean to you?
- Did you learn anything new about the other Confirmands?

In Between

Suggested Activities for parents, sponsors, and mentors to do before the next session

- Write a job description for your sponsor.
- Consider who should be your sponsor.
- Select a sponsor if you're ready.
- If you have a sponsor, meet with your sponsor to discuss the journey and expectations.
- Review Chapter 1, do the activities in the chapter, and discuss.